

Dear friends,

There is no doubt that marriage and its stability are positive factors: it is scientifically proven. In the last twenty years, hundreds of studies on this topic have been published and they prove it; people who have doubts just prefer to follow their fantasy and not the reality.

Last year, University College of London studied more than 20,000 people over the age of 60 in England and the US. The result is that married people report better physical health; they are stronger, can walk further and faster than their not married or divorced peers. "We don't know if people who are healthier tend to get married or if something about being married promotes good health," says Dr Natasha Wood, who led the study.

Well, few weeks ago a new study has proved positive benefits of marriage, especially on men. "Marriage and reductions in men's alcohol, tobacco, and cannabis use" is a study published on Cambridge Journal of Psychological Medicine. "Married men used less alcohol, tobacco, and cannabis than men who were divorced/separated or single. In analyses of substance use across the transition to marriage, men reduced their alcohol and cannabis use both before and after marriage, but their tobacco use only after marriage. These effects were largely robust in co-twin and within-person analyses."

Marriage is good for everyone: wives, husbands, children and society.

Let us say it during this emergency period: it is good for health and public finances.

We want and we can do more with your generous donation and support.